

ASSEMBLY, No. 317

STATE OF NEW JERSEY

212th LEGISLATURE

PRE-FILED FOR INTRODUCTION IN THE 2006 SESSION

Sponsored by:

Assemblyman NEIL M. COHEN

District 20 (Union)

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District 31 (Hudson)

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SYNOPSIS

Requires managed care companies to pay health care claims based on assignment of benefits and disclosed fee schedules; requires coverage under certain conditions; authorizes civil actions against violators.

CURRENT VERSION OF TEXT

Introduced Pending Technical Review by Legislative Counsel



1 **AN ACT** concerning managed care plans, amending P.L.2001, c.367
2 and amending and supplementing P.L.1997, c.192.

3
4 **BE IT ENACTED** *by the Senate and General Assembly of the State*
5 *of New Jersey:*

6
7 1. Section 2 of P.L.1997, c.192 (C.26:2S-2) is amended to read
8 as follows:

9 2. As used in sections 2 through 19 of this act:

10 "Carrier" means an insurance company, health service
11 corporation, hospital service corporation, medical service
12 corporation or health maintenance organization authorized to issue
13 health benefits plans in this State.

14 "Commissioner" means the Commissioner of Health and Senior
15 Services.

16 "Contract holder" means an employer or organization that
17 purchases a contract for services.

18 "Covered person" means a person on whose behalf a carrier
19 offering the plan is obligated to pay benefits or provide services
20 pursuant to the health benefits plan.

21 "Covered service" means a health care service provided to a
22 covered person under a health benefits plan for which the carrier is
23 obligated to pay benefits or provide services.

24 "Department" means the Department of Health and Senior
25 Services.

26 "Generally accepted standards of medical practice" means
27 standards that are based on credible scientific evidence published in
28 peer-reviewed literature generally recognized by the relevant
29 medical community, recommendations made by or views held by
30 physician specialty societies or physicians practicing in the relevant
31 clinical areas, or any other relevant factor.

32 "Health benefits plan" means a benefits plan which pays or
33 provides hospital and medical expense benefits for covered
34 services, and is delivered or issued for delivery in this State by or
35 through a carrier. Health benefits plan includes, but is not limited
36 to, Medicare supplement coverage and risk contracts to the extent
37 not otherwise prohibited by federal law. For the purposes of this
38 act, health benefits plan shall not include the following plans,
39 policies or contracts: accident only, credit, disability, long-term
40 care, CHAMPUS supplement coverage, coverage arising out of a
41 workers' compensation or similar law, automobile medical payment
42 insurance, personal injury protection insurance issued pursuant to
43 P.L.1972, c.70 (C.39:6A-1 et seq.) or hospital confinement
44 indemnity coverage.

45 "Health care provider" means an individual or entity which,

EXPLANATION – Matter enclosed in bold-faced brackets [thus] in the above bill is
not enacted and is intended to be omitted in the law.

 Matter underlined thus is new matter.

1 acting within the scope of its licensure or certification, provides a
2 covered service defined by the health benefits plan. Health care
3 provider includes, but is not limited to, a physician and other health
4 care professionals licensed pursuant to Title 45 of the Revised
5 Statutes, and a hospital and other health care facilities licensed
6 pursuant to Title 26 of the Revised Statutes.

7 "Independent utilization review organization" means an
8 independent entity comprised of physicians and other health care
9 professionals who are representative of the active practitioners in
10 the area in which the organization will operate and which is under
11 contract with the department to provide medical necessity or
12 appropriateness of services appeal reviews pursuant to this act.

13 "Managed care plan" means a health benefits plan that integrates
14 the financing and delivery of appropriate health care services to
15 covered persons by arrangements with participating providers, who
16 are selected to participate on the basis of explicit standards, to
17 furnish a comprehensive set of health care services and financial
18 incentives for covered persons to use the participating providers and
19 procedures provided for in the plan.

20 "Medical necessity" or "medically necessary" means or describes
21 a health care service that a health care provider, exercising his
22 prudent clinical judgement, would provide to a covered person for
23 the purpose of evaluating, diagnosing or treating an illness, injury,
24 condition or its symptoms and that is in accordance with generally
25 accepted standards of medical practice; clinically appropriate, in
26 terms of type, frequency, extent, site and duration and considered
27 effective for the covered person's illness, injury or disease; and not
28 more costly than an alternative health care service or sequence of
29 services at least as likely to produce an equivalent therapeutic or
30 diagnostic result as to the diagnosis or treatment of the covered
31 person's illness, injury or condition.

32 "Subscriber" means, in the case of a group contract, a person
33 whose employment or other status, except family status, is the basis
34 for eligibility for enrollment by the carrier or, in the case of an
35 individual contract, the person in whose name the contract is issued.

36 "Utilization management" means a system for reviewing the
37 appropriate and efficient allocation of health care services under a
38 health benefits plan according to specified guidelines, in order to
39 recommend or determine whether, or to what extent, a health care
40 service given or proposed to be given to a covered person should or
41 will be reimbursed, covered, paid for, or otherwise provided under
42 the health benefits plan. The system may include: preadmission
43 certification, the application of practice guidelines, continued stay
44 review, discharge planning, preauthorization of ambulatory care
45 procedures and retrospective review.

46 (cf: P.L.1997, c.192, s.2)

47
48 2. Section 2 of P.L.2001, c.367 (C.26:2S-6.1) is amended to

1 read as follows:

2 2. a. With respect to a carrier which offers a managed care plan
3 that provides for both in-network and out-of-network benefits, in
4 the event that:

5 (1) a covered person is admitted by an out-of-network health
6 care provider to an in-network health care facility for covered,
7 medically necessary health care services, [or]

8 (2) the covered person receives covered, medically necessary
9 health care services from an out-of-network health care provider
10 while the covered person is a patient at an in-network health care
11 facility and was admitted to the health care facility by an in-
12 network provider, the carrier shall reimburse the health care facility
13 for the services provided by the facility at the carrier's full
14 contracted rate without any penalty for the patient's selection of an
15 out-of-network provider, in accordance with the in-network policies
16 and in-network copayment, coinsurance or deductible requirements
17 of the managed care plan, or

18 (3) the covered person assigns, through an assignment of
19 benefits, his right to receive reimbursement for medically necessary
20 health care services to an out-of-network health care provider, the
21 carrier shall remit payment for the reimbursement directly to the
22 health care provider in accordance with the provisions of this
23 section and P.L.1999, c.154 (C.17B:30-23 et seq.). Any payment
24 made to the covered person rather than the health care provider
25 under these circumstances shall be considered overdue and subject
26 to an interest charge pursuant to P.L.1999, c.154 (C.17B:30-23 et
27 seq.).

28 b. The provisions of this section shall apply only if the covered
29 person complies with the preauthorization or review requirements
30 of the health benefits plan regarding the determination of medical
31 necessity to access in-network inpatient benefits, as set forth in
32 writing pursuant to section 5 of P.L.1997, c.192 (C.26:2S-5).
33 (cf: P.L.2001, c.367, s.2)

34
35 3. Section 9 of P.L.1997, c.192 (C.26:2S-9) is amended to read
36 as follows:

37 9. The contract between a participating health care provider and
38 a carrier which offers a managed care plan:

39 a. Shall state that the health care provider shall not be penalized
40 or the contract terminated by the carrier because the health care
41 provider acts as an advocate for the patient in seeking appropriate,
42 medically necessary health care services;

43 b. Shall not provide financial incentives to the health care
44 provider for withholding covered health care services that are
45 medically necessary as determined in accordance with section 6 of
46 this act, except that nothing in this subsection shall be construed to
47 limit the use of capitated payment arrangements between a carrier

1 and a health care provider; [and]

2 c. Shall protect the ability of a health care provider to
3 communicate openly with a patient about all appropriate diagnostic
4 testing and treatment options;

5 d. Shall state that any change in the carrier's policy concerning
6 the medical necessity of administering a particular treatment,
7 including, but not limited to the administration of a particular
8 medication, for a particular chronic medical condition, shall not
9 affect the coverage of that treatment being given under a health care
10 provider's supervision to a covered person who has the particular
11 chronic medical condition, unless the covered person's health care
12 provider has approved the administration of the alternative
13 treatment that would be covered by the carrier; and

14 e. Shall state that if a person has been receiving treatment for a
15 particular chronic medical condition prior to the time the person
16 becomes covered under a managed care plan offered by a carrier,
17 the carrier shall cover the treatment if it is recommended by the
18 covered person's health care provider, regardless of the carrier's
19 policy of the medical necessity of the treatment for that particular
20 medical condition, unless the covered person's health care provider
21 approves the administration of the alternative treatment that would
22 be covered by the carrier.

23 (cf: P.L.1997, c.192, s.9)

24

25 4. (New section) If a covered person is under the care of a
26 specialty physician and that physician determines that further tests
27 are medically necessary to diagnose or treat an illness, injury or
28 condition, no carrier that offers a managed care plan shall require
29 the covered person's primary care physician to order or be involved
30 with the test in order for the test to be covered under the managed
31 care plan.

32

33 5. (New section) a. A carrier which offers a managed care plan
34 that negotiates with a health care provider to become a participating
35 provider shall furnish the health care provider with a written fee
36 schedule, which may be in an electronic format if agreed upon by
37 both parties, showing the fees for in-network health care services
38 described by the evaluation and management codes applicable to
39 the health care provider's specialty or subspecialty. A carrier which
40 offers a managed care plan shall furnish a participating health care
41 provider with a written fee schedule, which may be in an electronic
42 format if agreed upon by both parties, showing the fees for every
43 in-network health care service delivered to a covered person that
44 was subject to a claim submitted in the previous calendar year by
45 the health care provider for reimbursement under an existing
46 contract between the carrier and health care provider.

47 If the carrier negotiates with the health care provider to become a

1 participating provider under more than one managed care plan
2 offered by the carrier, the carrier shall provide the applicable fee
3 schedule for each plan. If the carrier negotiates a fee schedule with
4 a health care provider that is specific to the health care provider, the
5 carrier shall provide only the applicable fee schedule for that health
6 care provider. If the rate that the health care provider will be paid
7 is a percentage of another rate, it shall be sufficient for the carrier to
8 provide that formula to the health care provider.

9 b. The carrier shall reimburse the participating health care
10 provider in accordance with the fee schedule provided to the health
11 care provider pursuant to this section.

12 c. No carrier shall revise a fee schedule more than once a year
13 and shall give the participating health care provider written notice
14 of any change to the fee schedule 90 days prior to the effective date
15 of the change. The participating provider may, within 30 days of
16 receiving the written notice, terminate or provide notice of its intent
17 to terminate its contract with the carrier effective on the date the
18 change in the fee schedule becomes effective.

19 d. The fee schedule provided to the health care provider
20 pursuant to this section is proprietary and shall be confidential.
21 Unauthorized distribution of a fee schedule may result in the health
22 care provider's termination from the network as provided by
23 regulation of the commissioner.
24

25 6. (New section) a. (1) A covered person, a health care
26 provider, a professional organization representing a health care
27 provider, the State, any political subdivision of the State and any
28 agency or instrumentality of the State or of any political subdivision
29 of the State, hereinafter referred to as a person, may commence a
30 civil action in a court of competent jurisdiction against any carrier
31 that offers a managed care plan or the Department of Health and
32 Senior Services alleged to be in violation of P.L.1997, c.192
33 (C.26:2S-1 et seq.) or any regulations promulgated pursuant thereto.
34 The action may be for injunctive or other equitable relief to compel
35 compliance with P.L.1997, c.192 (C.26:2S-1 et seq.) or any
36 promulgated regulation, or to assess civil penalties for the violation
37 as provided by section 16 of P.L.1997, c.192 (C.26:2S-16). The
38 action may be commenced upon an allegation that a carrier or the
39 Department of Health and Senior Services is in violation, either
40 continuously or intermittently, of P.L.1997, c.192 (C.26:2S-1 et
41 seq.) or a promulgated regulation, and that there is a likelihood that
42 the violation will recur in the future.

43 (2) Any person may commence a civil action in any court of
44 competent jurisdiction for declaratory and equitable relief against
45 any carrier or the Department of Health and Senior Services in the
46 interest of the public.

47 (3) The court may, on the motion of any party, or on its own
48 motion, dismiss any action brought pursuant to this section which

1 on its face appears to be patently frivolous, harassing or wholly
2 lacking in merit.

3 b. A court of competent jurisdiction may grant temporary and
4 permanent equitable relief, including the imposition of such
5 conditions as may be necessary to protect the interest of the public
6 from violations of P.L.1997, c.192 (C.26:2S-1 et seq.) or any
7 promulgated regulation.

8 c. Upon completion of the proceedings in any action brought
9 pursuant to subsection a. of this section, the court shall adjudicate
10 the impact of the defendant's conduct on the interest of the public in
11 accordance with this section. In such adjudication the court may
12 order that additional evidence be taken to the extent necessary to
13 protect the rights recognized in this section.

14 d. If administrative or other proceedings are required or
15 available to determine the legality of the defendant's conduct, the
16 court shall remit the parties to such proceedings, except where
17 immediate and irreparable damage will probably result, which
18 proceedings shall be conducted in accordance with and subject to
19 the applicable provision of law providing for such proceedings and
20 the provisions of the "Administrative Procedure Act," P.L.1968,
21 c.410 (C.52:14B-1 et seq.). In so remitting the court may grant
22 temporary equitable relief where necessary for the protection of the
23 public interest. In so remitting the court shall retain jurisdiction of
24 the action pending completion thereof for the purpose of
25 determining whether the administrative findings made in the
26 proceedings are supported by substantial evidence and the agency
27 action is in conformance with this section.

28 e. In any action in which a temporary restraining order or an
29 interlocutory injunction is sought, the court may, as a condition of
30 granting such relief, require reasonable security, not exceeding
31 \$10,000 or cash not exceeding \$500.

32 f. (1) In any action under this section, the court may in
33 appropriate cases award to the prevailing party reasonable counsel
34 and expert witness fees, but not more than \$50,000 in an action
35 brought against the Department of Health and Senior Services,
36 where the prevailing party achieved reasonable success on the
37 merits. The fees shall be based on the number of hours reasonably
38 spent and a reasonable hourly rate for the counsel or expert in the
39 action, taking into account the prevailing rate in the venue of the
40 action and the skill and experience of the counsel or expert.

41 (2) The doctrines of collateral estoppel and res judicata may be
42 applied by the court to prevent multiplicity of suits.

43 (3) No action commenced pursuant to the provisions of this
44 section shall be dismissed without the express consent of the court
45 in which the action was filed.

46 (4) Any payments made pursuant to a settlement or judgement
47 entered in a case brought pursuant to this section shall be used to
48 provide payments to hospitals in accordance with the formula used

1 for the distribution of charity care subsidies that are provided
2 pursuant to P.L.1992, c.160 (C.26:2H-18.51 et seq.) and shall be
3 deposited into the Health Care Subsidy Fund established pursuant to
4 section 8 of P.L.1992, c.160 (C.26:2H-18.58).

5 g. No action shall be commenced pursuant to this section unless
6 the person seeking to commence the suit shall, at least 30 days prior
7 to the commencement thereof, direct a written notice of that
8 intention by certified mail to the Attorney General, the
9 Commissioner of Health and Senior Services and the intended
10 defendant. The provisions of this subsection shall not apply to
11 actions brought by the State, any political subdivision of the State
12 and any agency or instrumentality of the State or of any political
13 subdivision of the State.

14 h. This section shall be in addition to existing administrative and
15 regulatory procedures provided in section 19 of P.L.1997, c.192
16 (C.26:2S-18).

17
18 7. This act shall take effect on the 90th calendar day after
19 enactment and shall apply to any carrier that delivers, issues,
20 executes or renews, on or after the effective date of this act, a health
21 benefits plan in which the carrier has reserved the right to change
22 the premium.

23 24 25 STATEMENT

26
27 This bill makes various revisions to the "Health Care Quality
28 Act," P.L.1997, c.192 (C.26:2S-1 et seq.), which apply to health
29 insurance carriers that offer a managed care plan.

30 The bill defines the terms "medical necessity" and "generally
31 accepted standards of medical practice" as they apply to the
32 provisions of the Health Care Quality Act.

33 The bill provides that a carrier which issues a managed care plan
34 with an out-of-network benefit shall remit payment for
35 reimbursement of a health care service directly to an out-of-
36 network provider if that provider has been issued an assignment of
37 benefits by the covered person. Payment shall be remitted pursuant
38 to the provisions of the Health Care Quality Act and P.L.1999,
39 c.154 (C.17B:30-23 et seq.), commonly referred to as the "prompt
40 pay law," and any payment remitted to a covered person rather than
41 the out-of-network provider under these circumstances shall be
42 considered overdue and subject to an interest charge pursuant to the
43 prompt pay law.

44 The bill provides, in cases in which a patient suffers a chronic
45 condition and is under the care of a health care provider, the carrier
46 shall continue to cover the treatment as determined by the health
47 care provider rather than discontinue coverage because the carrier
48 has made changes in its policy concerning the medical necessity of

1 the treatment for all persons covered under the plan during the
2 course of the treatment. Additionally, if a patient under the care of
3 a health care provider for such a chronic condition enrolls in a
4 managed care plan, the carrier is required to continue covering the
5 treatment unless the health care provider agrees to the alternative
6 treatment covered by the carrier. It shall be the policy of this State
7 that changes in treatment, which includes the administration of
8 medication, may only be made or approved by the treating health
9 care provider.

10 The bill provides that in a case in which a covered person is
11 under the care of a specialty health care provider, the carrier shall
12 not require the specialty provider to obtain a referral or otherwise
13 involve the covered person's primary care physician before ordering
14 tests to treat or diagnose a covered person's illness, injury or
15 condition. These provisions are intended to streamline the
16 administrative process behind seeking treatment from a specialty
17 physician, thus hastening the administration of such treatment.

18 The bill requires carriers to provide to each health care provider
19 fee schedules for specialty or subspecialty services and every health
20 care service that have been the subject of a claim submitted in a
21 calendar year. Carriers shall reimburse a provider according to the
22 fee schedule. Carriers may not revise their fee schedules more than
23 once a year and must give providers 90 day's notice of the changes
24 prior to the changes' effective date. Providers may, within 30 days
25 of receiving the change notice, terminate or provide notice of their
26 intent to terminate their contracts, effective upon the date the
27 proposed changes would take effect.

28 Finally, this bill authorizes any covered person, health care
29 provider, professional organization representing a health care
30 provider, the State, any political subdivision of the State and any
31 agency or instrumentality of the State or of any political subdivision
32 of the State, to commence a civil action in a court of competent
33 jurisdiction against any carrier or the Department of Health and
34 Senior Services that is alleged to be in violation of the Health Care
35 Quality Act or any regulation promulgated thereunder. The action
36 may be for injunctive or other equitable relief to compel compliance
37 with the act or any promulgated regulation, or to assess civil
38 penalties for a violation of the act. The action may be commenced
39 upon an allegation that a carrier or the Department of Health and
40 Senior Services is in violation, either continuously or intermittently,
41 of the act or a promulgated regulation, that there is a likelihood that
42 the violation will recur in the future, and that the violation impacts
43 the public good.