

ASSEMBLY, No. 4754

STATE OF NEW JERSEY 218th LEGISLATURE

INTRODUCED DECEMBER 6, 2018

Sponsored by:

Assemblywoman VALERIE VAINIERI HUTTLE

District 37 (Bergen)

Assemblywoman NANCY J. PINKIN

District 18 (Middlesex)

SYNOPSIS

Requires school districts which participate in Statewide interscholastic sports programs to adopt New Jersey State Interscholastic Athletic Association heat and humidity practice policy.

CURRENT VERSION OF TEXT

As introduced.



(Sponsorship Updated As Of: 6/18/2019)

1 AN ACT concerning student-athlete safety and supplementing
2 chapter 11 of Title 18A of the New Jersey Statutes.

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4 **BE IT ENACTED** by the Senate and General Assembly of the State
5 of New Jersey:

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7 1. A school district which is a member of any voluntary
8 association, pursuant to section 1 of P.L.1979, c.172 (C.18A:11-3),
9 which oversees activities associated with Statewide interscholastic
10 sports programs shall:

11 a. Adopt the “Heat and Humidity Practice Policy” required by
12 the New Jersey State Interscholastic Athletic Association for
13 conducting practice in all sports during times of high heat or
14 humidity. The association’s policy shall address:

15 (1) the scheduling of practice during times of various heat and
16 humidity levels;

17 (2) the ratio of time devoted to workouts to time allotted for rest
18 and hydration during various heat and humidity levels; and

19 (3) the heat and humidity levels at which practice will be
20 canceled.

21 The guidelines included in the association’s policy shall provide
22 a default policy to those responsible or sharing duties for making
23 decisions concerning the implementation of modifications or
24 cancellation of practices and contests based on the presence of heat
25 and humidity.

26 b. Purchase a WetBulb Globe Temperature (WBGT) tool to
27 measure the heat stress in direct sunlight at the practice site. Heat
28 stress consists of temperature, humidity, wind speed, the angle of
29 the sun, and cloud coverage.

30 A school district shall adopt the association’s policy concerning
31 the frequency and recording of WetBulb Globe Temperature
32 (WBGT) measurements.

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34 2. This act shall take effect in the first full school year
35 following enactment.

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STATEMENT

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40 This bill requires each school district which is a member of the
41 New Jersey State Interscholastic Athletic Association to adopt the
42 association’s “Heat and Humidity Practice Policy” for conducting
43 practice in all sports during times of high heat or humidity. Under
44 the bill, the association’s policy must address:

45 • the scheduling of practice during times of various heat and
46 humidity levels;

47 • the ratio of time devoted to workouts to time allotted for rest
48 and hydration during various heat and humidity levels; and

- 1 • the heat and humidity levels at which practice will be
2 canceled.

3 Under the bill, guidelines included in the association's policy
4 will provide a default policy to those responsible or sharing duties
5 for making decisions concerning the implementation of
6 modifications or cancellation of practices and contests based on the
7 presence of heat and humidity.

8 The bill also requires these school districts to purchase a
9 WetBulb Globe Temperature (WBGT) tool to measure the heat
10 stress in direct sunlight at the practice site. Heat stress consists of
11 temperature, humidity, wind speed, the angle of the sun, and cloud
12 coverage.