

[First Reprint]

SENATE COMMITTEE SUBSTITUTE FOR
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STATE OF NEW JERSEY
219th LEGISLATURE

ADOPTED OCTOBER 8, 2020

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District 19 (Middlesex)

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SYNOPSIS

Requires children's meals served in restaurants to meet certain nutritional standards.

CURRENT VERSION OF TEXT

As amended by the Senate on December 2, 2021.



(Sponsorship Updated As Of: 12/16/2020)

1 **AN ACT** concerning nutritional standards for children’s meals
2 served in restaurants and supplementing Title 26 of the Revised
3 Statutes.

4
5 **BE IT ENACTED** by the Senate and General Assembly of the State
6 of New Jersey:

7
8 1. The Legislature finds and declares that:

9 a. Over the past 30 years, the obesity rate in the United States
10 has more than doubled. According to the federal Centers for
11 Disease Control and Prevention, in 2009, nearly two-thirds, or 68.5
12 percent, of American adults were overweight or obese.
13 Approximately one-third of children nationwide are overweight or
14 obese. Obese children are at least twice as likely as non-obese
15 children to become overweight or obese as adults.

16 b. In 2017, 61.9 percent of adults and 14.9 percent of children,
17 ages zero to 17, in the State of New Jersey were overweight or
18 obese.

19 c. Obesity-related health conditions have serious economic
20 costs. The medical burden of obesity in the United States is about
21 \$147 billion annually, or almost 10 percent of all medical spending.
22 Roughly one-half of these costs are paid through Medicaid and
23 Medicare and, as a result, are incurred by taxpayers throughout the
24 country. In 2018, New Jersey’s annual obesity-related medical
25 expenditures were estimated at \$9.3 million.

26 d. American children consume 19 percent of their daily calories
27 at fast food ¹restaurants and other ¹**【restaurants】** retail food
28 establishments¹. Studies link eating in ¹**【restaurants】** retail food
29 establishments¹ with higher caloric intakes and obesity.

30 e. Therefore, it is in the public interest to establish nutritional
31 standards for children’s meals sold at ¹**【restaurants】** retail food
32 establishments¹ in order to reduce the number of overweight and
33 obese children, and to promote healthy eating and active living
34 among the citizens of the State.

35
36 2. As used in this act:

37 “Children’s meal” means a combination of food items or food
38 items and a beverage, sold together at a single price, primarily
39 intended for consumption by children.

40 ¹**【“Restaurant” means any facility or part thereof in which food**
41 **is prepared and provided or served for consumption on the**
42 **premises】**

43 “Retail food establishment” means a fixed restaurant or any
44 similar place that is part of a chain with 20 or more locations

EXPLANATION – Matter enclosed in bold-faced brackets **【thus】 in the above bill is not enacted and is intended to be omitted in the law.**

Matter underlined thus is new matter.

Matter enclosed in superscript numerals has been adopted as follows:

¹**Senate floor amendments adopted December 2, 2021.**

1 nationally, the principal activity of which consists of preparing a
2 meal or food for consumption within the establishment or to be
3 picked up at a drive-through window. “Retail food establishment”
4 shall apply to restaurants that are part of a chain doing business
5 under the same trade name or under common ownership or control,
6 or that are doing business as a franchised outlet of a parent
7 business¹ .

8
9 3. a. An owner, operator, or the proprietor of a ¹**“restaurant”**
10 retail food establishment¹ shall not sell, offer to sell, or serve a
11 children’s meal unless ¹**“the meal adheres to the following**
12 **nutritional standards:**

13 (1) the meal shall contain no more than:

- 14 (a) 600 calories per serving;
- 15 (b) 770 milligrams of sodium;
- 16 (c) 35 percent of calories from fat;
- 17 (d) 35 percent of calories from total sugars;
- 18 (e) 10 percent of calories from saturated fat; and
- 19 (f) 0.5 grams of trans fat;

20 (2) the meal shall contain at least 0.5 cups of fresh fruits or
21 vegetables, and at least one of the following:

22 (a) a whole grain product containing no less than 51 percent by
23 weight of a whole grain ingredient or which lists whole grains as its
24 first ingredient;

25 (b) a lean protein consisting of at least two ounces of meat, one
26 ounce of nuts, seeds, dry beans or peas, or one egg; or

27 (c) at least 0.5 cups of non-fat or one percent milk, low fat
28 yogurt, or one ounce of reduced fat cheese.

29 For purposes of this subsection: juices, condiments, jellies, jams,
30 or spreads shall not be considered a fruit or vegetable; and a lean
31 protein shall contain less than 10 grams of fat, 4.5 grams or less of
32 saturated fat, and less than 94 milligrams of cholesterol per 100
33 grams and per labeled serving; and

34 (3) if the children’s meal is served with a beverage, that
35 beverage shall be:

36 (a) water, sparkling water or flavored water, with no added
37 natural or artificial sweeteners;

38 (b) flavored or unflavored nonfat or one percent fat dairy milk,
39 or flavored or unflavored non-dairy beverage that is nutritionally
40 equivalent to fluid milk, in a serving size of eight ounces or less; or

41 (c) one hundred percent fruit or vegetable juice, or any
42 combination thereof, with no added natural or artificial sweeteners,
43 in a serving size of eight ounces or less. Such juice may contain
44 water or carbonated water.

45 b. (1) A restaurant using a standard printed menu shall list,
46 next to a children’s meal on the menu, the nutritional content of the
47 meal as required pursuant to subsection a. of this section, using a
48 font and format that is at least as prominent, in size and appearance,

1 as that used to post either the name or the price of the children's
2 meal.

3 (2) A restaurant using a menu board system or similar signage
4 shall list, next to the children's meal on the board or sign, the
5 nutritional content of the meal as required pursuant to subsection a.
6 of this section, using a font and format that is at least as prominent,
7 in size and appearance, as that used to post either the name or the
8 price of the children's meal.

9 (3) If the children's meal includes a beverage, the restaurant
10 using a standard printed menu shall also list, next to the children's
11 meal on the menu, the caloric information for the beverage, using a
12 font and format that is at least as prominent, in size and appearance,
13 as that used to post either the name or the price of the children's
14 meal **】** at least two of the meals adhere to the most recent nutrition
15 criteria for children's meals provided by the National Restaurant
16 Association in its KidsLiveWell program. If the children's meals
17 are served with a beverage, the default beverage shall meet the most
18 recent default beverage criteria provided by the National Restaurant
19 Association in its KidsLiveWell program.

20 b. A retail food establishment shall, on all its standard printed
21 menus:

22 (1) identify, next to the children's meals on the menu, which
23 meals are KidsLiveWell meals; and

24 (2) provide notice that all individuals may request the nutritional
25 content of the KidsLiveWell meals, as well as the nutritional
26 content of the default beverage if a beverage is included with the
27 meals.

28 c. Nothing in this act shall restrict the ability of a retail food
29 establishment to sell, or the ability of a customer to purchase, a
30 substitute beverage to replace the default beverage included with a
31 children's meal, if requested by the customer purchasing the meal.

32 d. In the event that the Restaurant Association updates the
33 nutrition criteria of the KidsLiveWell program, a retail food
34 establishment shall have six months to comply with the program's
35 new criteria¹.

36
37 4. a. The Department of Health or the local board of health or
38 the board, body, or officers exercising the functions of the local
39 board of health according to law shall have the right to enter the
40 premises of a restaurant at which a children's meal is sold, offered
41 for sale, or served, at any time during normal business hours and
42 upon presentation of appropriate credentials, in order to determine
43 compliance with the provisions of this act, or any rule or regulation
44 adopted pursuant thereto.

45 b. The Department of Health or the local board of health or the
46 board, body, or officers exercising the functions of the local board
47 of health according to law, upon written complaint or having reason
48 to suspect that a violation of this act has occurred, shall, by written

1 notification, advise the owner, operator, or proprietor of the
2 restaurant accordingly and order appropriate action to be taken.

3
4 5. a. An owner, operator, or proprietor of a restaurant who
5 knowingly sells, offers to sell, or serves a children's meal in
6 violation of the provisions of section 3 of this act shall be liable to a
7 civil penalty of up to \$1,000 for the first offense, up to \$2,000 for
8 the second offense, and up to \$3,000 for a third or subsequent
9 offense, provided that in no case shall the penalty against the owner
10 or operator of the restaurant exceed \$15,000 during a 30-day period.

11 b. Any civil penalty imposed pursuant to subsection a. of this
12 section shall be collected in a civil action by a summary proceeding
13 under the "Penalty Enforcement Law," P.L.1999, c.274 (C.2A:58-1
14 et seq.), or in any case before a court of competent jurisdiction
15 wherein injunctive relief has been requested. The Superior Court
16 and the municipal court shall have jurisdiction to enforce and
17 collect any penalty imposed for a violation of the provisions of this
18 act. Process shall be in the nature of a summons or warrant and
19 shall issue only at the suit of the Commissioner of Health or the
20 local board of health as plaintiff.

21
22 6. The Department of Health shall adopt rules and regulations,
23 pursuant to the provisions of the "Administrative Procedure Act,"
24 P.L.1968, c.410 (C.52:14B-1 et seq.), to effectuate the purposes of
25 this act.

26
27 7. This act shall take effect on the first day of the sixth month
28 next following the date of enactment, except that the Commissioner
29 of Health may take any anticipatory administrative action in
30 advance as shall be necessary for the implementation of this act.